



Supporting Clients' Emotions: a training for equine-assisted learning facilitators – Part II

A three day training for four participants.

Time: 9am until 4pm with an hour lunch all three days

Class Size: A maximum of 4 participants

Pre-requisite: Part I and attendance of an equine-assisted learning retreat

Agenda: The mornings will address theory and practice topics such as the function of feelings and coping strategies to honour feelings, as well as managing body memory. The first afternoon will be spent doing two equine- assisted learning exercises that focus on feelings. The remaining two afternoons will be spent having participants practice facilitating equine- assisted learning exercises whereby, through role play, the facilitator-in- training is challenged to support a participant's emotional experience.

Food: Drinks and snacks will be provided. Participants can bring their own lunch.

Cost: \$750 + GST per person = \$840

Registration: Call Wendy at 250-309-0351 or email: welrick@shaw.ca